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Courtney Younglove, MD, FOMA, FACOG, DABOM, MSCP, is a board-certified OB/GYN and obesity medicine physician with about 25 years of experience caring for women. A Menopause Society Certified Practitioner and member of the Obesity Medicine Association's Board of Trustees, she writes and speaks about what women are taught to believe about their bodies and what it costs them. At AdventHealth Kansas City, she sees patients and serves as Program Director for Women's Outpatient Services. Her commentary has appeared in Medscape, and she has been quoted in Reuters and Glamour.

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