



Standard intro (45–60 seconds)

Please welcome Dr. Courtney Younglove (pronounced YUNG-luv).

She is a physician, speaker, and writer, double board-certified in Obesity Medicine and Obstetrics & Gynecology, a Fellow of the Obesity Medicine Association, and an elected member of its Board of Trustees.

Dr. Younglove founded Heartland Weight Loss, a private practice obesity medicine clinic in Overland Park, Kansas, and co-founded Sleep Fitter, a platform at the intersection of sleep and metabolic health.

She speaks nationally on obesity, women's midlife health, and healthcare reform, and consults with companies seeking to improve outcomes and costs by redesigning benefits in the GLP-1 era.

Today, she'll share practical frameworks leaders can use to align coverage with physiology and improve retention, productivity, and total cost of care.

Please join me in welcoming Dr. Courtney Younglove.

Short backup (25–30 seconds)

Please welcome Dr. Courtney Younglove - physician, speaker, writer, double board-certified in Obesity Medicine and OB/GYN, fellow of the Obesity Medicine Association, and elected member of the organization's Board of Trustees. She is the founder of Heartland Weight Loss and co-founder of Sleep Fitter. Dr. Younglove helps organizations redesign benefits in the GLP-1 era to maximize health without sacrificing cost. Dr. Courtney Younglove.