



Courtney Younglove, MD, FOMA, FACOG, DABOM, is a physician and keynote speaker double board-certified in Obesity Medicine and Obstetrics & Gynecology. A Fellow of the Obesity Medicine Association and member of its Board of Trustees, she brings a women's health lens to modern obesity care. Courtney founded Heartland Weight Loss in Overland Park, Kansas, and co-founded Sleep Fitter, a platform at the intersection of sleep and metabolic health. She speaks nationally on obesity, women's midlife health, and healthcare reform, and consults with companies seeking to improve outcomes and costs by redesigning benefits in the GLP-1 era.